

A Discussion Guide for You and Your Doctor



Having a conversation with your doctor can help you gain a better understanding of your child's skeletal dysplasia diagnosis. By being open and honest with your doctor about the questions you have or topics you want to discuss, you can get the most out of your appointment.

★ Remember to print out this guide so you can take notes and bring it with you to your appointment.



Start the conversation

Use the prompts below as thought starters to help guide a conversation with your doctor. There is a space below to jot down any notes or questions of your own.

- 1 What type of skeletal dysplasia is my child diagnosed with? How common is it?
- 2 What does a skeletal dysplasia diagnosis mean for my child?
- 3 What symptoms should I look out for that are related to skeletal dysplasia?
- 4 What is the best management plan for my child's type of skeletal dysplasia?
- 5 Will my child need to change their lifestyle at all? How can they safely stay active?
- 6 How will my child's condition progress as they get older?
- 7 How was this condition diagnosed? What additional tests, if any, might be helpful in confirming a more specific diagnosis?
- 8 Is my child's type of skeletal dysplasia genetic? Could other members of my family be affected?
- 9 Would getting results from a skeletal dysplasia gene panel help us better direct care for my child?
- 10 What does gene panel testing for skeletal dysplasia involve?
